



Let them eat cake!

4 Fun Recipes for Our Pets

With the holiday season upon us, we want to include our pets in the party just as much as the rest of the family! It's not hard to make healthful treats for our pets and have fun doing it.

In this season of giving, how about whipping up a batch of cookies and sharing them with homeless dogs and cats at a shelter near you? Or perhaps organize a "bark sale" and donate the proceeds to your local animal shelter. Giving is indeed a gift to the giver, too!

Autumn-Inspired Dog Cookies

INGREDIENTS:

For Apple Carrot Treats (pictured):

- 1 cup grated carrots
- ½ cup unsweetened apple sauce
- 1 cup whole wheat flour, brown rice flour or gluten free flour
- 1 egg, beaten

For Sweet Potato Treats:

- 1 cup canned sweet potato (or fresh)
- 1 ¾ cups whole wheat flour, brown rice flour, or gluten free flour
- 1 egg, beaten

INSTRUCTIONS:

Preheat the oven to 350°.

Mix the ingredients together until dough forms. Roll the dough into small balls and place on a cookie sheet lined with parchment paper. Press dough down slightly so the biscuits are about ¼ inch thick.

Source: <https://www.mybakingaddiction.com/homemade-dog-treats/>



Bake until golden brown and let cool on a wire rack. While still warm, decorate as you like, with kibble, carrots and other healthful tidbits.

NOTES:

Optional: Add ½ tsp of salt to help extend the shelf life.
For the Apple Carrot treats, if the dough is really sticky, add a few more Tbsp of flour.

Pup Cups

INGREDIENTS:

- 1 box mini cones

INSTRUCTIONS:

Stuff the cones with anything your dog likes – cottage cheese and apple sauce, yogurt and pumpkin puree, peanut butter and cheerios, canned food and rice, or boiled chicken and rice for the pooch with a sensitive stomach. Freeze overnight.



Cheesy Kitty Bites

INGREDIENTS:

- ¾ cup whole wheat flour
- ¾ cup shredded cheddar cheese
- ¼ cup plain yogurt
- ¼ cup cornmeal
- 5 Tbsp. grated parmesan cheese

INSTRUCTIONS:

Preheat the oven to 350°. Line a cookie sheet with parchment paper. Combine the cheeses and yogurt. Add the flour and cornmeal. Add water 1 Tbsp. at a time until the dough sticks together. Knead the dough into a ball, then roll it out to ¼-inch thickness. Cut into 1-inch squares. Bake for 25 minutes.
Note: Dogs like them, too!

Beefy Birthday Cake

INGREDIENTS:

- 2 ½ cups buck wheat flour
- 1 ½ tsp. baking powder
- ½ cup butter
- ½ cup oil
- 4 oz. ground beef
- 2 strips beef jerky
- 3 eggs
- Whipped cream cheese for icing

INSTRUCTIONS:

Preheat the oven to 325° and grease the cake pan.

Cream together all the wet ingredients first (butter, oil, beef, and eggs), and then fold in the dry ones (flour and baking powder). Crumble beef jerky in at the end.

Pour the batter into the cake pan and bake for 60 minutes. Allow the cake to



cool before icing it with cream cheese. Decorate with shaved carrots, peas, pieces of your dog's dry kibble or whatever other healthful ingredients your dog might enjoy. Refrigerate the leftovers.

Source: <https://animals.howstuffworks.com/pets/5-dog-treats-recipes4.htm>



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Final Note: If in doubt when decorating your creations, consult the ASPCA webpage for human foods that are dangerous to our pets:
<https://www.asPCA.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets>